



Parent Notes

Module 1

Autism: Measuring your child's behaviour

In brief

If you are to be successful in helping your child with autism to learn better behaviours, it is a big advantage to be able to accurately measure your child's current behaviour and from here you can measure improvement. This module helps you to describe, measure and graph your child's behaviour.

Your autism homework



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When choosing the behaviour that you want to change, start small. Try to choose a behaviour with a behaviour that you think you have a pretty good chance of doing something about. A successful outcome when you are starting out builds confidence and makes you ready to tackle more challenging behaviours.